



ROYAL NORTH AMERICAN COLLEGE OF
TRADITIONAL CHINESE MEDICINE

安省中医针灸师执照考试 应试策略

曹伟锋

皇家北美中医学院



拿证应该分几步？

中医针灸考试（中文）

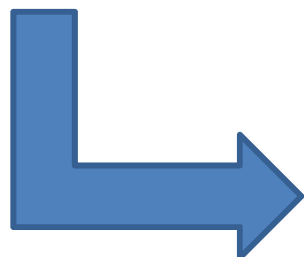
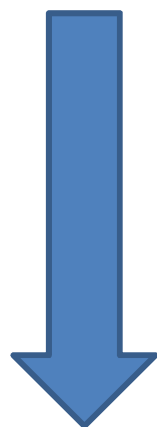
中医针灸考试（英文）



安全、法律考试（英文）



官方语言流利度证明



高兴拿证



中医针灸师考试的模式

- 管理局网站 <https://www.ctcmpao.on.ca/>
 1. 注册账户
 2. 报名考试
 3. 下载考试资料，如考试大纲、安全法律教材等
 4. 查询每年考试通过率
 5. 等等



中医针灸师考试的模式

- 一年两场：春季（4月）和秋季（10月）
- 每场考两天：
 - （2024年秋季举例）
 - 1. 中医：
 - 10月3日——MCQ（单选题）——175题——3.5h
 - 10月4日——CCQ（病历题）——55题——3.5h
 - 2. 针灸：
 - 10月23日——MCQ（单选题）——125题——2.5h
 - 10月24日——CCQ（病历题）——40题——2.5h



中医针灸师考试的模式

- 形式：亲临考场，线上考试
- 语言：中文（简体或繁体）或英文
- 题型（具体见Candidate Handbook）：
 - 1) MCQ——全单选（四选一）➡没有填空题和问答题
 - 2) CCQ——单选、多选、排序



考试内容

- 中医基础理论
 - 中医诊断学
 - 针灸学
 - 安全
 - 法律
 - 中药学（中医师）
 - 方剂学（中医师）
 - 中医内科学
 - 中医外科学
 - 中医妇科学
 - 中医儿科学
 - 中医骨科学
 - 中医五官科学
 - 西医（解剖、病理生理、临床）
- 4月份和10月份的考试中，包含安全和法律的内容。



个人应试主张：

1. 扎根基础≠≠≠≠盲目看书（考试大纲+我校经验）
2. 适当做题——不是为了中题，而是找感觉
3. 不变应万变
4. 从容应考——复习过程虽不至于轻松，但也不应艰难，好的心态能锦上添花



考试的录取

- 考试成绩采用标准分，而非原始分
- 最低分200分，合格线400分，最高分600分



CARB-TCMPA PAN-CANADIAN EXAMINATION CANDIDATE PERFORMANCE PROFILE

Candidate Name:	[REDACTED]	Overall Result:	FAIL
Candidate Identification No.:	[REDACTED]	Your Overall Score:	385
Examination Date:	[REDACTED]	Passing Score:	400
Examination:	Acupuncturists	Scale Range:	200 - 600

The purpose of this Candidate Performance Profile is to provide you with supplemental information on your relative strengths and weaknesses, based on your performance across the different practice areas that were assessed by the Canadian Alliance of Regulatory Bodies of Traditional Chinese Medicine Practitioners and Acupuncturists (CARB-TCMPA) Pan-Canadian Examination.

The examination is comprised of both a multiple-choice question component and a clinical case question component, each which contributes 50% towards your overall score. Your overall score, as shown in the upper right corner, determines whether you pass or fail. This overall score is shown using a scaled score, which is a conversion of your raw score on the examination to a common scale. The passing score is 400 on a scale ranging from a minimum of 200 to a maximum of 600. The passing score of 400 reflects the consistent standard of performance for this examination that was determined through a systematic standard-setting process conducted by subject matter experts. **We regret to inform you that your overall score is less than the passing score, and you did not meet the minimum performance required to pass this examination.**

The table below displays your performance in comparison to the average performance of passing candidates (The Reference Group) for each practice area assessed by this examination administration. The performance comparisons of *Below* and *Meets* are provided as a general indicator of performance compared to the Reference Group. *Below* indicates that you performed at a level below the average performance of the Reference Group, *Meets* indicates that you performed at or above the average performance of the Reference Group. It is important to note that this information does not have the same level of precision as the overall score.

You can use this information as an aid in self-assessment to help you focus your preparation and develop a comprehensive study plan for retaking the examination. Preparation for *all practice areas* is important to ensure that you are able to perform well across all practice areas. You can read CARB-TCMPA's [Candidate Performance Profile Frequently Asked Questions](#) for more information.

Your Performance in Comparison to the Reference Group

PRACTICE AREAS	Below	Meets
Interpersonal Skills, Professionalism & Practice Management	•	
TCM Foundations	•	
Fundamentals of Biomedicine	•	
Diagnostics and Treatment	•	
Acupuncture Techniques		•
Safety	•	
Performance on the MCQ Component	•	
Performance on the CCQ Component	•	

While you may have had comparable performance to the Reference Group for the majority of practice areas, your performance may not have been sufficient to offset your weaker performance (i.e., below) in the remaining practice areas to be able to pass the examination as a whole. Since you were unsuccessful on the whole, you must repeat both components of the examination within your period of candidate eligibility.

For additional study resources, please refer to the *Pan-Canadian Entry-level Examinations in Traditional Chinese Medicine (TCM) and Acupuncture Candidate Handbook*, *Pan-Canadian Standard for Traditional Chinese Medicine Practitioners and Acupuncturists: Entry-Level Occupational Competency Profile*, jurisdictional bylaws, and publications provided by your regulatory body.

For more information on the appeals process and eligibility, read the Examination Appeals Policy available at <https://carb-tcmpa.org/pce>.



考试的录取

- 提示：
 1. 考试不能偏科，偏科越多，标准分越低
 2. 标准分成绩与实际排名挂钩
 3. 复习要全面，不需要每个项目做到拔尖，力争达到平均水平
 4. 刷题要合理，别偏科刷题



中、英文考试 应试策略的不同

- 英文考试（两步）
- 中文考试（三步）



英文考试（两步）

- 第一步——4月份or10月份的考试
- 从内容上，除了考核专业知识，还考核英语的阅读能力（不仅要懂，而且要快）
- 常见问题：
 1. 中医专业知识部分的英文难吗？——相对易，多看多练习就习以为常
 2. 西医及安全法律部分的英文难？——相对难，特别是中医班，因为此部分考核比例不低



英文考试（两步）

- 第一步——4月份or10月份的考试
 1. 备考期间：纯英文复习会比较慢，多数是中英文的不断切换，需要不断积累新单词，并且训练阅读速度和技巧
 2. 考试期间：做题速度相对较慢，考试时间相对紧迫，可能会出现盲选
- 但是，当我们通过了4月份或10月份的考试，基本等于把证拿到手



英文考试

- 第二步——关于独立的安全、法律考试
 - A. 只有英文考试
 - B. 两门学科
 - C. 两门考试
 - D. 开卷——答案都能在书上找到
 - E. 自行在网上约考
 - F. 只要经过前期的复习，问题不大，建议通过了4月份or10月份的考试后再考
- 通过以上两步，提交资料即可拿证



中文考试（三步）

第一步——4月份or10月份的考试：

- 纯考察专业知识

- 1) 备考期间：相对轻松，用母语复习

- 2) 考试期间：更轻松，不会有时间的紧迫感（提前1小时交卷很平常），每道题都看得明明白白



中文考试（三步）

第二步——独立的安全、法律考试——跟英文考试的一样

第三步——语言证明——考中文的同学最关心的地方



语言证明的6种方式

- Applicants to the College will be deemed to have met the language fluency requirement of the College if they have met one of the following:
- 语言流利度证明，满足以下其中一条即可：
 1. The applicant signs a self-declaration on the application form confirming that the applicant's first language is English or French——签署一份自我声明，声明第一语言是英语或法语；
 2. The applicant successfully completes the Safety Program Test, Jurisprudence Course Test, and Registration Examination in either English or French——成功用英文或法语完成安全考试、法律考试及注册考试；
 3. The applicant submits an original or notarized copy of a transcript showing graduation from a secondary school with four consecutive, first language English or French credits at the secondary school level——证明从英语或法语高中（四年）毕业
 4. The applicant submits an original or notarized copy of a transcript and degree showing completion of an undergraduate degree from a recognized public university or college in English or French——证明从英语或法语公立大学或学院毕业（如Seneca、humber）



5. The applicant provides results from a College approved test (made within two year of the date of the application for registration), that meets the minimum scores determined by the College——提供管理局承认的考试（在申请注册之日起两年内），只须满足以下最低成绩即可

Approved Tests and Minimum Scores¹

	Reading	Writing	Listening	Speaking
IELTS	6.0	6.0	6.0	6.0
CELPPI	7.0	7.0	7.0	7.0
TEF	207	310	249	310
TCF	453	10	458	10
TOEFL iBT	18	21	19	19



6. The applicant is able to demonstrate their fluency through an in-person interview with the Registrar or panel of the Registration Committee——面试



关于面试

- 1) 考察听说能力
- 2) 30min
- 3) 线上
- 4) 3位考官
- 5) 一问一答

- 个人认为:

- 1) 面试不会问特别专业的问题——因为前面考试的通过已经证明了考生专业水平
- 2) 主要考核英文的日常沟通能力，可以当作一次找工作面试
- 3) 可以事前准备自我介绍，以及各种可能会提问的问题和答案
- 4) 面试时自信大方的表达



- 如果面试不通过，怎么办？
- 仍然会给注册号
- 以下二选一：
 - A. 建议申请学习其他英文非中医针灸课程（起码一年），例如营养学
 - B. 签署一份声明，工作期间有英文较好的人在旁协助翻译（可以是家人或同事）



适合中文考试的同学：

1. 英文考卷得分在70%以下者——据我校经验，这部分考生改考中文后，会有10%-15%的提高
2. 英文考试不通过而补考者
3. 学习能力一般，复习时间不够者
4. 有雅思托福等成绩的技术移民
5. 从英语或法语高中、大专、大学毕业者



适合英文考试的同学：

- 在英文学习下，仍成绩较好者（70%分以上）——最核心
- 中医（175题） $\times 70\% = 122.5$ 题
- 针灸（125题） $\times = 87.5$ 题



给考英文的同学一点建议：

- 成绩稳定在70%以上
- 跟自己竞争的不只有英文考卷的考生
- 如果成绩长期在70%以下，不要为了怕面试，而选择了考英文，过了一关再说



最后

- 考英文和考中文最终拿证的同学，在会员级别上没有差别，不需要存在心理落差，也没必要有莫名的优越感。
- 建议根据自己的实际情况，选择考试语言。